

INVITING YOU TO JOURNEY DEEPER IN PRAYER

Bios and blurbs for dissemination

You can find photos to download and share on my website.

Short bios

Amy Boucher Pye is a writer, speaker and spiritual director and is the author of several books, including <u>7 Ways to Pray</u>. She writes for publications such as globally recognized *Our Daily Bread* and *New Daylight*. She has an MA in Christian spirituality from the University of London and enjoys leading retreats. She lives with her family in North London. Find her at <u>amyboucherpye.com</u>.

Amy Boucher Pye is a London-based writer, speaker, and spiritual director. She has written six books, including *Transforming Love* (Form, 2023) and *Holding onto Hope* (BRF, 2023), and has an MA in Christian spirituality from Heythrop College, University of London. Find her at amyboucherpye.com.

Topics

Encountering God through Prayer

Want to boost your relationship with God? Come and explore different ways to pray. They are rooted in ancient practices and can give us fresh pathways to God. They include praying with the Bible, practicing God's presence, listening prayer, the prayer of lament and the prayer of examen. We'll also have time for individual and group prayer exercises. God loves to meet with us as we come to him!

Friendship with God

Jesus loved his friends Mary, Martha and Lazarus, and their home in Bethany was his second home. We'll unpack the three gospel stories that explore their friendship with him, and how it changed them. As we do so we'll explore action and contemplation, faith and doubt, despair and longing, resurrection and hope, sacrificial love and the meaning of home. Times for rest, silence and contemplation will be woven into the programme. We anticipate receiving refreshment as we deepen our friendship with God.

Living in Christ

The apostle Paul experienced a complete turnabout on the Damascus Road. How can we emulate him in "putting on Christ" – that is, how do we leave our old selves behind as we take on the new? We'll explore some of the rich wisdom of Paul's letter to the Colossians

with plenty of time to engage in prayer exercises to encounter God. Feel refreshed, challenged and equipped to live each new day with Jesus.

Praying with Jesus

God meets us as we pray. How better to engage in this form of communication with the One who loves us than through exploring the prayers of Jesus from the gospels? Join Amy as we delve into six of his seven prayers, from the Lord's prayer through to his utterances on the cross. We'll have plenty of time and opportunity to pray in creative and encouraging ways.

Living Water: Coming to the Source for Refreshing and Cleansing

Water. It's the stuff of life – we're made of it and can't live without it. Although it can become stagnant and poisoned, fresh water brings renewal and cleansing. We explore some deep meanings of water – from the water that existed before the creation of the earth to Jesus, the source of living water. You'll have time for reflection along with prayer exercises to engage with.